



Construction Health & Safety Risk Awareness

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Background

The construction industry is inherently one of the most dangerous sectors to work in with a high number of deaths and workplace injuries occurring every year.

Everyone working on construction sites needs to have an understanding of potential health and safety risks they will be exposed to on a daily basis and the measures they need to follow to avoid becoming injured.

This awareness course will talk-through the common risks and the practical steps to avoid them.

Who should attend?

Those persons who work on construction sites (whether as an individual or part of a larger team).

Preparation

Prior to attending the course, delegates should have reviewed their own company's CDM Designer Procedures, along with the associated Industry Guidance Notes for the Designer's role, available at:

CDM2007 Guidance for Designers
http://www.cskills.org/supportbusiness/healthsafety/cdmregs/guidance/Copy_5_of_index.aspx

Materials

A copy of the PowerPoint slides is made available to every delegate after the course.

OBJECTIVES

By the end of the course delegates will have:

- An overview of the legislation covering construction sites – the Construction (Design & Management) Regulations 2007.
- An awareness of the health and safety risks associated with working on a construction site.
- The practical steps to avoid them.

TOPICS

The following topics are covered:

- Overview of CDM²⁰⁰⁷ legislation,
- Construction site health and safety management.
- Construction site health and safety risks:
 - Working at height/fragile roofs.
 - Moving vehicles.
 - Hazardous substances/materials.
 - Lifting operations.
 - Noise/vibration/dust.
 - Contaminated ground.
 - Falling objects.
 - Services.
 - Confined spaces.
 - Fire/hot works.
 - Manual handling.
 - Vermin etc.
- Emergency procedures on construction sites.
- Risk assessments/method statements.

DURATION

The course typically lasts half a day

COST

Please contact Cardinus for a quote