



DSE assessor training

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Background

The course offers an introduction to ergonomic principles and their relation to the use of Display Screen Equipment (DSE). It provides a good theoretical and practical understanding of the DSE regulations and guidance for improving workstation layout and user posture.

This course is specifically aimed at 'would be' DSE assessors who will have direct responsibility for reducing risks associated with display screen equipment.

Musculoskeletal and other injuries, and additionally health issues, are a major cause of long term injuries and sickness absence. These can cause significant costs for an organisation in terms of compensation claims, reductions in efficiency and potential enforcement action. Employers have a duty to ensure that such risks have been identified and evaluated and that suitable controls are in place to reduce the risks.



OBJECTIVES

On completion of the course delegates will have:

- Examined the impact of ergonomics on the workplace.
- Discussed the implementation of the DSE Regulations (1992).
- Evaluated hazards and risks related to workstation use.
- Walked through the stages of a risk assessment
- Developed a process and checklist for carrying out a DSE Risk Assessment.
- Carried out a DSE assessment at a user's workstation.
- Reviewed feedback and learning from practical assessments.
- Created a personal action plan for carrying out DSE assessments.

TOPICS COVERED

- Ill-health and injury resulting from DSE use.
- How these conditions can arise.
- Identifying risks resulting from task organisation.
- Identifying risks arising from the DSE equipment.
- Identifying risks arising from the furniture.
- Identifying risks arising from workplace environment.
- Administrative and physical control measures.
- Requirements for eyesight testing.
- Information, instruction and training of DSE users.

DURATION

This is a one-day course.

COST

Please call Cardinus for more details.