



## Health & Safety - for Safety Representatives

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### Background

This course is specifically for safety representatives and will provide knowledge and insight valuable for those who are responsible for overseeing good practise in the workplace.

### OBJECTIVES

On completion of this course you will be able to:

- Understand the role of the health and safety representative within the organisation.
- Appreciate the duties, responsibilities and rights of the representative.
- Understand the basic principles underlying health and safety management.
- Be able to be involved in an incident investigation including the identification of root causes.
- Be able to participate in or carry out effective workplace inspections.
- Understand the principles of risk assessment.

### TOPICS COVERED

- Health and Safety definitions explained.
- Health and Safety Law and implications.
- Roles and responsibilities (Employer, Employee, Safety Representatives, Contractors etc).
- Cost and benefits of good standards of Health and Safety.
- Factors affecting Health and Safety.
- Accident – the causes.
- The reporting of accidents.
- Accident prevention.
- Occupational Health.
- Safe systems of Work.
- The assessment of risk.
- Risks in your workplace – group activity.
- The Regulations and how these apply to your workplace.
- Control of Substances Hazardous to Health.
- Manual Handling.
- Electricity at Work.
- Fire Safety.
- Display Screen Equipment Regulations.

### DURATION

This is a one day course.

### COST

Please contact Cardinus for a quote.

