



## Manual Handling Plus

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### Background

*Manual Handling Plus* is one of Cardinus' most popular courses and is available in two formats, workplace and office editions. This established e-learning programme brings together basic learning principals with engaging graphics and interactive sequences to provide a course that encourages measurable behaviour change.

In fact, *Manual Handling Plus* is so successful it has been chosen by many of the worlds leading organisations.

As well as providing e-learning content *Manual Handling Plus* encourages employees to complete an optional risk assessment. This survey will help you identify employees who are exposed to harm and take further action to reduce this risk.

All training and risk assessment data is saved into Cardinus' powerful management module, PACE allowing for easy data analysis and interrogation.

### Management features

*Manual Handling Plus* is fully supported by PACE, Cardinus' powerful management module. Features include:

- Easy-to-use risk assessment scoring to help identify employees at risk.
- Tools to monitor training records and identify your employees who have successfully completed their training. PACE will also identify your employees who have not started or not completed their training.
- Advanced automated email capability to encourage participation.
- Task led approach to help you evidence how issues have been resolved.
- Charting and sophisticated statistical reporting.
- Fully SCORM compliant.



### OBJECTIVES

On completion of *Manual Handling Plus* delegates will be able to:

- Understand how the regulations affect the employee and employer.
- Appreciate the risks associated with poor handling.
- Recognise the sources of risk e.g. task, individual, load and environment.
- Demonstrate an understanding of good handling principals.
- Consider the use of mechanic equipment to avoid handling.
- Appreciate the role of administrative controls which can be adopted.
- Carry out an effective investigation.

### TOPICS COVERED

- Introduction
- Musculoskeletal injuries
- Hazards arising from the nature of the task
- Hazards arising from the capability of the individual
- Hazards related to the load being handled
- Hazards arising from the environment in which the handling is being carried out
- Assessing risks
- Selecting the appropriate control measures
- Handling techniques
- Conclusion

### DURATION

This is a 30 - 40 minute e-learning course.

### COST

*Manual Handling Plus* represents great value for money. Licences vary from £2 - £20 depending upon the number of delegates. Please call Cardinus for more details.