



Workstation Safety Plus

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Background

Workstation Safety Plus has been developed to help organisations meet the training and risk assessment requirements of the Display Screen Equipment Regulations 1992.

The course uses illustrations and interactive sequences that guide your employees through the basics in just 35-40 minutes.

Workstation Safety Plus also provides a Risk Assessment module with a customisable multiple choice questionnaire.

OBJECTIVES

On completion of the course you will be able to:

- Understand the causes and effects of musculoskeletal hazards in the workplace.
- Identify ergonomic hazards arising from your work activities.
- Understand the principles of risk assessment.
- Understand the hierarchy of control measures.
- Develop a strategy for controlling musculoskeletal hazards in the workplace.

TOPICS COVERED

- What are work related musculoskeletal injuries?
- How can they be caused?
- What are the legal requirements?
- Developing a strategy to manage ergonomic risks.
- How ergonomic hazards can be identified.
- Evaluation of ergonomic hazards.
- Methods of control.
- Keeping records.
- Communication.

DURATION

This is a 30-40 minute e-learning course.

COST

Prices are dependent on licensing options and number of delegates required. Please call Cardinus for more details.

