

NVW VIRTUAL COACH - SUPPORT YOUR EMPLOYEES WHEN THEY NEED IT MOST –

During these unprecedented times, many people find themselves working from home for the first time. For some this may be easy to adapt to, for others this could pose challenges;

“do I have space to work from home?”,

“how will I cope with child care, now the kids can’t go to school?”,

“if I am not at work, I am all alone”,

“ will I have a job in 3 months’ time?”

It is likely that working from home will last for at least 3 months. In the early days, whilst the adrenalin is flowing, your employees might cope but fatigue, anxiety and fears are likely to set in and its vital that as employers you do everything you can to support them.

This period of uncertainty will affect each individual in different ways, and some won’t necessarily want to raise their fears with their line manager, HR or even our co-workers. And, even if they did, will you have the time to spend with them?

WHAT DOES NVW VIRTUAL COACH INCLUDE?

- Somebody to talk to in a totally confidential environment either on the telephone/Skype/Zoom or your own system if you have one
- Listening and just being able to get things out of your employee’s head can make an amazing difference to psychological wellbeing
- A non-judgemental discussion and by asking questions, your employee wouldn’t ask of themselves, will give them greater clarity

WHO WILL YOU BE TALKING TO?

Neil Williams (www.nvwsolutions.co.uk.) is a qualified coach, supervisor of coaches and mentor with 15 years of coaching and mentoring experience following a successful career operating at board level of large (PLC), medium and small enterprises.

Neil is also a trained volunteer for a charity listening service and has dealt with all sorts of issues during his time with them

EXPECTED OUTCOMES FOR EMPLOYEES

- Whilst feeling isolated - somebody to talk to
- An opportunity to clear the head so you can focus on your work and family
- talk about fears and anxieties in confidence
- Feel better, work more efficiently, live more optimistically
- Adapt to working from home
- Become more motivated

COST

Sessions will be up to an hour. They will be arranged by email neil@nvwsolutions.co.uk and should be able to happen on the same day as the enquiry. If you as the employer are interested please email me or speak to me on 07970 225058