

# HEALTHY WORKING® AWARD-WINNING E-LEARNING SUITE

## COST-EFFECTIVE TRAINING FOR YOUR WORKFORCE

Healthy Working combines risk assessment, profiling and testing to reinforce learning for more effective outcomes for your organisation. Courses are CPD and IIRSM approved.

### **Features:**



## Risk Assessments, Profiling, Testing and Action Plans

By profiling, testing, and in some courses, offering risk assessments and action plans, we can shape the way your employees react to and learn from training.



### **Learning Management System**

Our e-learning adopts a powerful management system to help streamline the roll-out of your courses and to empower your assessment programme.



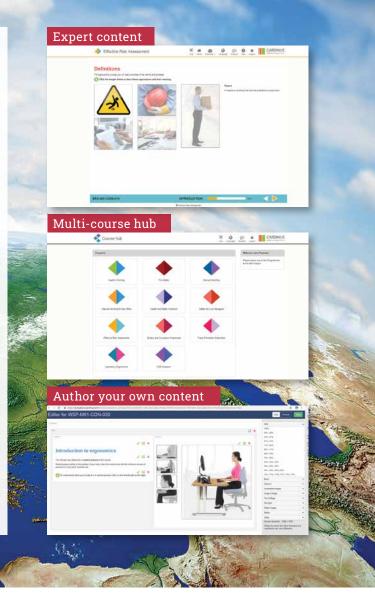
### **Multi-Course Functionality**

Provide all your e-learning requirements in a simple to use multi-course hub, so that training can be delivered to users conveniently and without hassle.



### Communication

Communicate your policies and training requirements across health, safety, security, risk and compliance with our automated communication system, complete with built in templates.





















DSE E-Learning
PROFILING, RISK ASSESSMENT,

### DSE, 30 Minutes

Healthy Working delivers immersive DSE e-learning tailored to the needs of each individual employee.



## Fire Safety PROFILING

### H&S, 20 Minutes

This e-learning course teaches the basics of fire safety, with modules on fire prevention, what to do in an emergency, how to fight fires and the appropriate equipment to use in different situations.



## Manual Handling RISK ASSESSMENT, ACTION PLAN

### H&S, 20 Minutes

Provide your employees with an effective, engaging manual handling e-learning course that's coupled with a risk assessment tool to help identify employees at risk of injury.



## Manual Handling for the Office

RISK ASSESSMENT, ACTION PLAN

## H&S, 20 Minutes

Manual Handling for the Office provides your employees with training and selfassessment to help identify and avoid office-based manual handling hazards.



## Health and Safety Induction

### H&S, 20 Minutes

Give health and safety the time it requires with this induction course for new employees. It doesn't take long to complete, but allows employees to immerse themselves in your safety culture.



## Safety for Line Managers

### H&S, 30 Minutes

To ensure a good safety culture it is important key personnel are on-board. Give line managers the information they need to improve your organisation's safety culture with Safety for Line Managers.



## **Effective Risk** Assessment

### H&S, 20 Minutes

Effective Risk Assessment introduces employees to the concept of risk assessment and why risks need to be assessed in a methodical way, helping to promote a strong safety culture.



## oo Bribery and Corruption Awareness

### HR, 15 Minutes

Bribery and Corruption Awareness teaches staff to understand how the Bribery Act affects an organisation. It reinforces the need to act within the law and to understand where the boundaries lie.



## Fraud Prevention Essentials

### HR, 15 Minutes

This program teaches staff the importance of fraud prevention, helping to build organisational integrity and to communicate your internal fraud policies. It teaches employee responsibility and how to act against fraud.



## Lab Ergonomics

PROFILING, RISK ASSESSMENT,

### DSE, 30 Minutes

The use of equipment by laboratory workers is very different to that of office workers or production workers. Lab Ergonomics helps manage and reduce the risk in this specialised environment.



The course trains employees to become DSE assessors. It encourages users to think laterally to resolve employees' ergonomics difficulties. Ideal for organisations who have remote offices.

## Corporate Travel Risk

H&S, 30 Minutes

Understand key safety issues associated with travelling, maintain a safe working environment and build personal safety away from home.

## Data Protection Awareness

### HR, 25 Minutes

Data Protection Awareness helps employees understand how the Data Protection Act and GDPR affects them and explains how the data held by your organisation must be handled.





## Personal Safety Awareness

### H&S, 20 Minutes

This course provides a systematic approach in identifying and mitigating risks to personal safety at work. It ensures staff are safe by conducting risk assessments of any given location.



## Security Awareness HR, 30 Minutes

The security of your staff, assets, information and physical property is paramount to your organisation. This course teaches physical and information security to support robust security policies.



Safe Driving
RISK ASSESSMENT, ACTION PLAN

### Fleet, 30 Minutes

Safe Driving is intended to help drivers understand the road risks and to help identify the actions drivers need to take to reduce the chance of being involved in an incident.



## Fire Marshal

RESIDENTIAL HOME PROFILE

#### H&S, 30 Minutes

Complement and expand fire marshal training within offices and other settings, including residential developments and residential care homes.



## Mental Health

## Wellness, 40 Minutes

This course is designed to help you discover ways to support your mental wellbeing and support others who may be struggling.



## Food Safety Matters

H&S, 20 Minutes

Food Safety Matters aims to provide managers with key food safety information required to ensure that their site is operating in the safest possible manner.



## Help for Temporary Home Workers

PROFILING, RISK ASSESSMENT

#### H&S/DSE, 30 Minutes

Working from home differs to working in the office. This course is designed to help people to understand the ergonomics and wellbeing risks associated with working from home during the Covid-19 pandemic and how to take proactive steps to address them.



## . Return to Work H&S/DSE, 30 Minutes

Return to work is designed to help people understand the risks associated with returning to work and the steps we can take to address them. It also includes information on temporarily working from home during the COVID-19 pandemic.

## Business Continuity **O** Management

### H&S, 10 Minutes

This course is designed to raise your awareness of Business Continuity Management (BCM) and how your organisation may successfully implement BCM plans to the industry best practice (ISO22301).



## Environmental Essentials

## H&S, 20 Minutes

Environmental Essentials is intended to help you to understand the environmental issues that are affecting the world in which we live and work and to show you ways in which we can all make a difference.



## H&S, 40 Minutes

This course will help you to appreciate the importance of good health and safety practice in the workplace. It can be used as a refresher to our Health & Safety Induction course.



## Slips, Trips and Falls -- H&S, 10 Minutes

Slips, trips, and falls are the most common form of accident that occur in the workplace. This course will help you to learn about the consequences and prevention of future incidents.



working day.

## Lone Working H&S, 30 Minutes

Lone Working is designed to help you to understand the key issues and introduce you to some practical strategies to help ensure that you stay safe during your

Personal Wellbeing Wellness, 30 Minutes

Personal Wellbeing grounds you in wellbeing practices and techniques to help you navigate wellness for the home, office and when travelling.



Web: www.cardinus.com