

YOUR FREE-OF-CHARGE EVALUATION OF HEALTHY WORKING

An easy process to help you choose the very best ergonomics software
for your organisation



HEALTHY WORKING: AWARD-WINNING DSE SOFTWARE

At Cardinus we passionately believe in an open, transparent sales process. We understand the importance of choosing the right software solution to support your ergonomics program. To facilitate this we have developed an exciting and free-to-use evaluation process to help you achieve a number of key objectives:

An evaluation of *Healthy Working* will provide:

- Honest feedback from employees regarding their experience with *Healthy Working*. Will *Healthy Working* reduce discomfort?
- Real risk data so you can understand what resources may be needed to support your software-based ergonomics program
- Access to the PACE management tool to ensure it works the way you want it to work
- Return on Investment (ROI) data based on *Healthy Working* reducing lost time productivity
- A hands-on understanding of how *Healthy Working* and PACE meet your internal policy and procedural requirements

In short you get a live *Healthy Working* system to make sure it *really* works!

What is the process?

Cardinus will set you up with a live, unrestricted system. We will work with you to set up some automated emails to invite your selected delegates into the program. As they complete the e-learning and self-assessment we will prompt them for feedback (good and bad) and save their comments into your PACE management module for you to review.

Your delegates will complete a self-assessment. This information is also recorded in PACE and we will deliver a 2 hour tutorial so you can make yourself familiar with the management features. This is also free-of-charge and you may use PACE for as long as needed.

Evaluation Process:



What do you need to do?

Firstly, you need to select your delegates. There are some things to consider...

How many delegates? We expect roughly 60% of your delegates to complete the program. To ensure credibility we would suggest submitting a minimum of 30 delegates, however, depending on the size of your business we may suggest more. Some Cardinus customers evaluated with 250 employees in a number of countries.

Who should my delegates be? Do not ask for volunteers as this will affect the quality of your data. Instead, select a group of people from different job functions, locations and ages. This will help you get a better understanding of how your business will adopt and respond to *Healthy Working*.

Where should my delegates be? If your business is international why not consider evaluating in different countries? Different cultures, languages and regulatory obligations can make a difference to how delegates respond. Cardinus is happy to support a truly global evaluation.



Once your delegates are identified Cardinus will help you craft the email communication each person receives. These include:

- An initial email inviting them to participate
- A chaser email encouraging them if they do not access the program
- A thank you for completing *Healthy Working*
- A request for feedback if they experience any difficulties or challenges

When your delegates and emails are entered into PACE you simply need to give us your ideal schedule and watch your delegates complete *Healthy Working*.

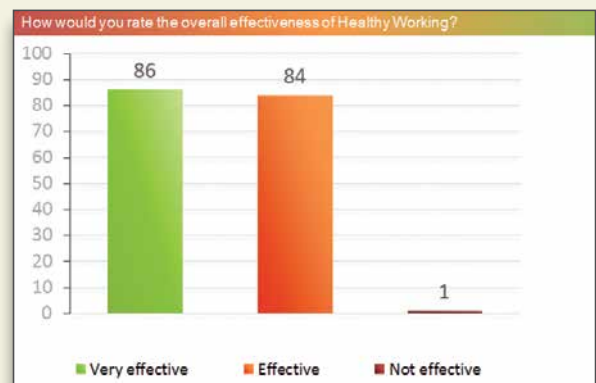
Call Cardinus today on **0207 469 0200** to arrange a free evaluation



What data do you get back?

At the end of your evaluation you get a detailed report with all of your delegate feedback. It includes:

- An overview of who participated
- Details of risk factors by body part/symptom and frequency
- Delegate likes, dislikes and feedback

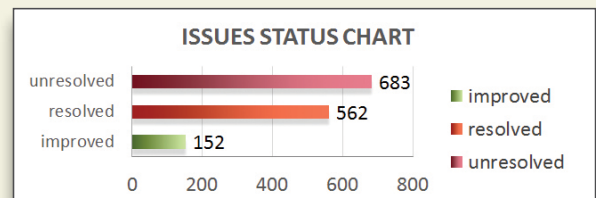


- Figures showing how much risk has been resolved by your delegates

Your Return on Investment Calculator - Pro-Rata Costs for Evaluation Delegates

PROGRAMME DATA		COST-BENEFIT ANALYSIS	
Employee information		Software related fees (pro-rata figure)	£1,160
Average employee salary	30000	DSE assessment fees	£0
Overhead costs	15000	Cost of employee time (30 minutes each)	£1,524
Average days worked per year	240 days	Internal administration costs	£15,000
Average hours worked per day	7.50 hours	Total costs	£18,092
Employee cost per day	127.50		
Employee cost per hour	25.00		
Ergonomic program results			
Total numbers of computer users assessed	171 users	Total costs	£18,092
Hours lost through pain and discomfort at work	8878 hours	Savings	£14,375
Hours lost following programme	5911 hours	Savings minus costs (Year one)	£56,283
Total cost before remediation	£221,350	Return on Investment	310%
Total cost after remediation	£147,375		
Savings	£73,975		

- A Return on Investment figure



What is Healthy Working?

Healthy Working is the world's leading office ergonomics e-learning and self-assessment solution. Designed in partnership with the Health and Safety Laboratory, *Healthy Working* is a personalised e-learning experience tailored to the needs of individuals in your organisation. Accompanied with PACE, a purpose-built management module, it offers organisations a secure resource to deliver customised DSE training, self-assessment and risk prevention.



Users are given pointers on how to make their workstation more comfortable



Healthy Working guides users through an easy-to-follow process



Healthy Working educates users on the stresses poor posture can place on the body

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