



CARDINUS  
riskmanagement



HOME



OFFICE



INDUSTRIAL



LABORATORY

# MANAGE ERGONOMICS MORE EFFICIENTLY WITH THE HEALTHY WORKING® PATHWAY

10 - 20°

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30-60°

60°+

+1°

+1°



# THE HEALTHY WORKING® PATHWAY

**Managing ergonomics-risk in the modern workplace can be complex. There are many considerations in handling the short- and long-term health of your workers, such as understanding different working environments, assessing tasks, judging available resources and weighing up individual needs.**

Assessing workers across different environments and different needs then becomes a real challenge.

The approach to managing all these issues can often feel a bit chaotic, dealing with so many different tools, assessments and even suppliers. **Bringing it all together into one single programme would change forever the way you analyse and manage ergonomic risks.**

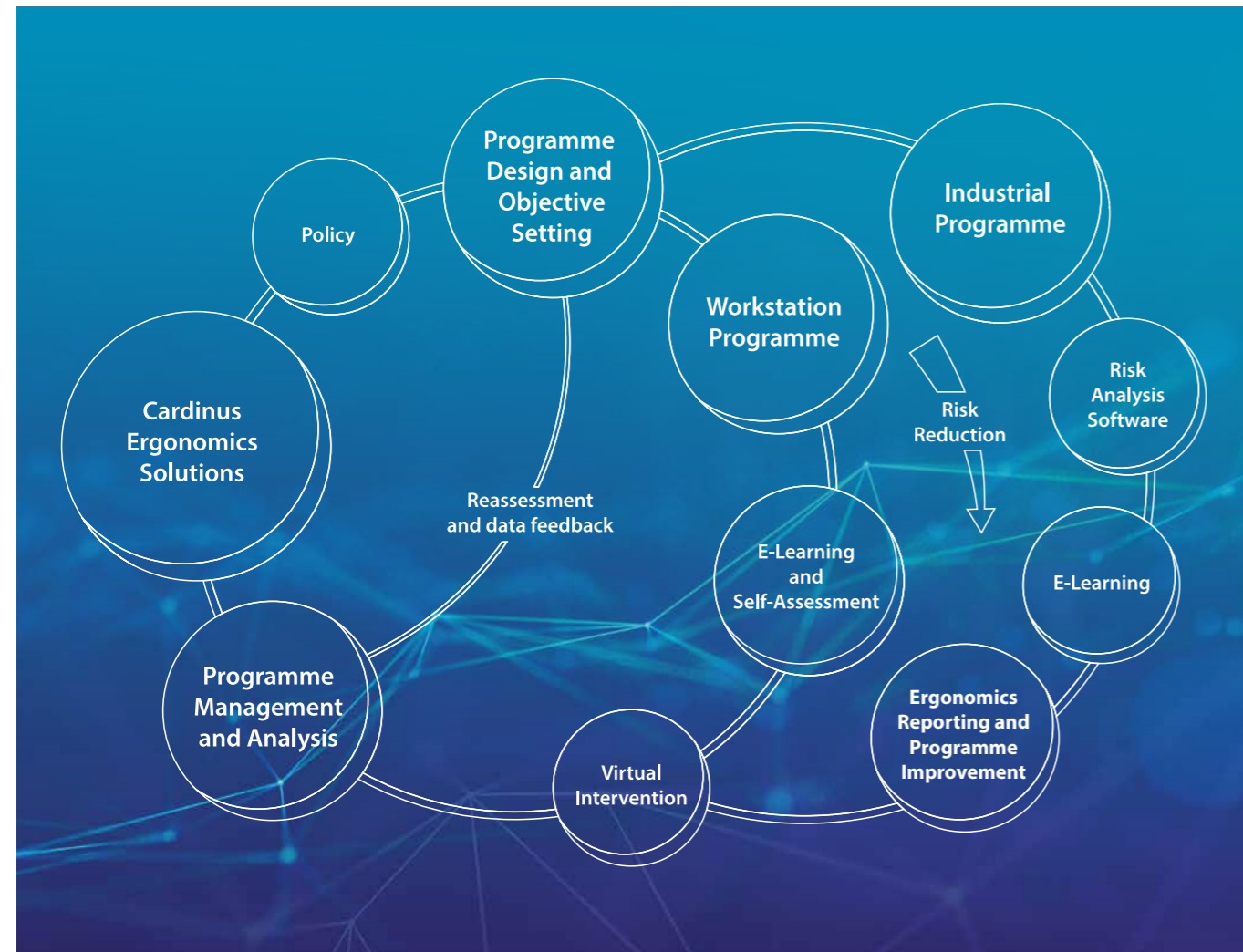
## The Healthy Working Pathway

Cardinus' Healthy Working Pathway offers a complete solution to meet workplace injury and risks.

### 1. Policy, Design and Objectives

We start our approach by analysing existing ergonomics policies and procedures, reviewing your programme design and understanding objectives and desired outcomes.

Our programme focuses on providing value for your business and driving down injury through the use of a range of tools, techniques and practices. By setting objectives early we can ensure that the programme has a clear focus and will provide enhanced outcomes as a result.



Manage ergonomics more efficiently



### 2. Office, Home and Laboratory Programme

For office, laboratory and home workers our programme delivers core ergonomics training with self-assessment, allowing you to triage risk and reduce injury.

Your employees with high-risk and existing injuries are filtered through the software to certified consultants, providing regional, local language, video and telephonic assessments to reduce global workforce discomfort.

**Triage low-risk staff with software**



### E-Learning and Self-Assessment

Healthy Working is the world's most widely used office and home ergonomics e-learning and self-assessment tool. It is currently used by over 1,500 organisations with many having deployed globally.

Healthy Working comprises of an adaptive, customisable e-learning module and self-assessment that addresses the risks associated with different job types and self-help and supporting features to encourage workers to take ownership of their risk, where they can.

### Virtual Interventions

For those staff that remain high risk even after working through their plan, our video and telephonic intervention team, made up of certified professionals **speaking local languages and based regionally**, can assist your global workforce.

### 3. Industrial Programme

Non-office workers have very different needs. The tasks they do, the different range of movement, the working environment, all have an impact on ergonomic injury. By utilising data analysis, innovative solutions and experienced consultants and analysts, Cardinus provides customers with a complete solution for all workers.

### Risk Analysis Software

*Healthy Working pro* links with smart video and sensor systems to provide rapid ergonomics assessments and reporting. The risk analysis software streamlines data collection, analysis and reporting to allow in-house or external experts to spend more time working on helping employees feel happier and healthier.

*Healthy Working pro* covers all major ergonomics assessments and also includes task analysis, to support return to work and rehabilitation programmes.

### E-Learning

E-learning, such as manual handling or safe patient handling training helps to complete knowledge gaps and enables staff to carry out their work safely and healthily.

### Ergonomics Reporting and Programme Improvement

*Healthy Working pro* allows you to quickly produce reports based upon your assessments, giving you more time to implement the interventions that will positively impact the health of your colleagues.

### 4. Programme Management and Analysis

Your ergonomics programme will need to show continual improvement, to bring real rewards in ROI and to improve employee wellness.

Through a systematic approach you can do just that. You can be more productive and create the improvements your leadership team will love. Your employees will be happier, more comfortable and increasingly productive.



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## Benefits of the Healthy Working Pathway

- Reach workers across your entire global workforce, wherever and however they may be working
- Focus on real business objectives, like regulatory compliance, injury reduction, healthcare costs and improvements in productivity.
- Smart technology provides rapid assessments, meaning your ergonomics programme, from assessment to analysis, will be more efficient

## Cardinus Risk Management

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